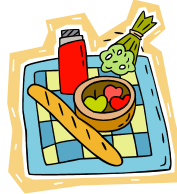




Healthy Eating

Fay and Max love going on picnics.
What healthy foods would you take with you on a picnic ?

Task- Draw a picture of your picnic foods.



Healthy Eating

Brightly coloured fruits and vegetables help to make us healthy.
What is your favourite colour?
Draw 2 fruit or vegetables that are that colour. E.g. Yellow—Banana

Task-



Healthy Eating

Fay really enjoys eating fruit salads.

Task- Make a fruit salad for you and your family to enjoy. Try our easy Food Net recipe

